

Thirdhand Smoke



THIRDHAND SMOKE is a residue of tobacco smoke that stays on surfaces, textiles, and people, months or even years after someone smoked in a room. This means exposure can occur long into the future.

WHAT KIND OF DAMAGE DOES IT CAUSE?

- Cancer-causing agents can develop over time when tobacco residue comes into contact with chemicals in the air
- Genetic damage to human cells

WHERE CAN I FIND THIRDHAND SMOKE?

It can be found in areas where smoking once occurred and can accumulate on:

- Walls
- Floors
- Rugs
- Curtains
- Counters
- Appliances
- Pillows
- Blankets
- Beds
- Car upholstery
- Hotel Rooms
- On Skin
- On Hair
- Clothing

**COURAGE
TO QUIT**



\$25 Refundable - Registration Required
Call to setup your appointments

815.748.8962

Not ready for a class? Call the
Illinois Department of Public Health

Tobacco Quit Line

866.QUIT.YES

(866.784.8937)

WHO DOES THIS AFFECT THE MOST?

- Infants and toddlers spend a lot of time on the floor and ingest up to .25 grams of dust per day.
- When children sleep or play on surfaces with thirdhand smoke they absorb the contaminants through their skin or breathe it in.
- Children may also be exposed through other's clothing or skin.

**Northwestern
Medicine**

**DeKalb
County Health Department**
Prevent • Protect • Promote