

COVID-19

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AVOID CLOSE CONTACT

Maintain 6 feet when possible while wearing your face covering.

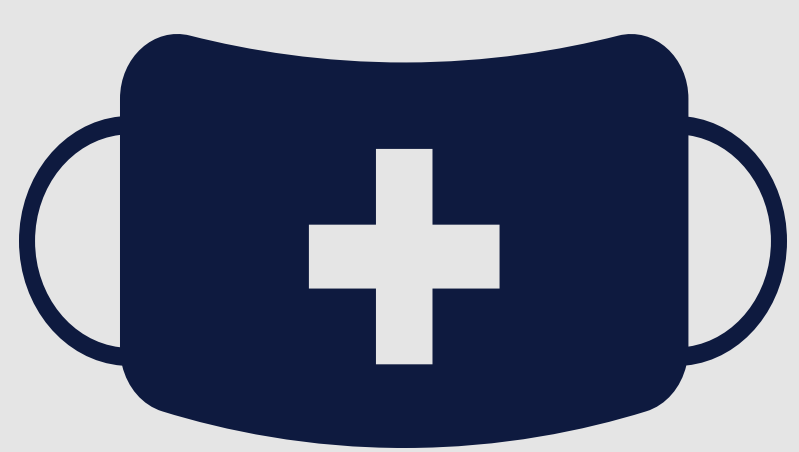
- During your shift
- During lunch or break
- When clocking in
- During employee health screenings



WASH YOUR HANDS

Wash your hands with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.

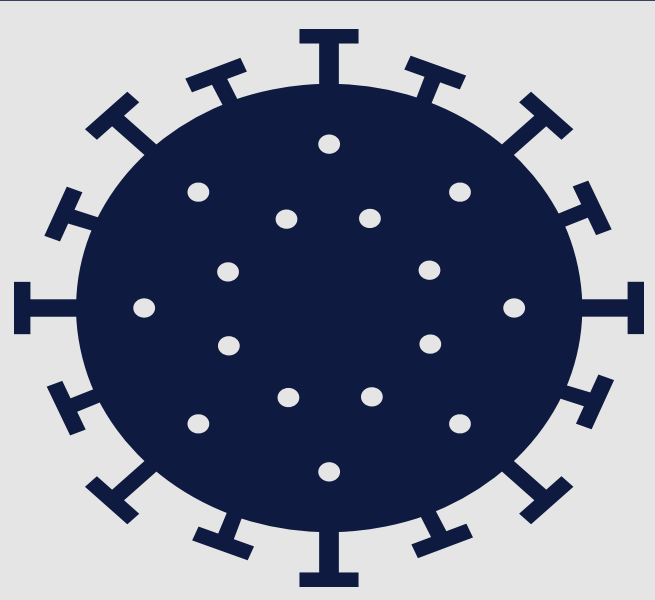
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.



WEAR YOUR FACE COVERING

Cloth face coverings should:

- Fit snugly but comfortably against the side of the face
- Cover your nose and mouth entirely
- Be secured with ties or ear loops
- Include multiple layers of fabric



STAY HOME WHEN SICK

If you feel sick, stay home! If you start to feel symptoms while at work, go home! Symptoms include:

- Cough
- Fever
- Shortness of Breath
- Chills
- Headache
- Loss of taste/smell
- Muscle pain
- Shaking with chills
- Sore Throat



CLEAN

Clean with disinfectant before, during, and after your shift.

- High-touch surfaces
- Clock-in area
- Break room area
- Machinery/work station